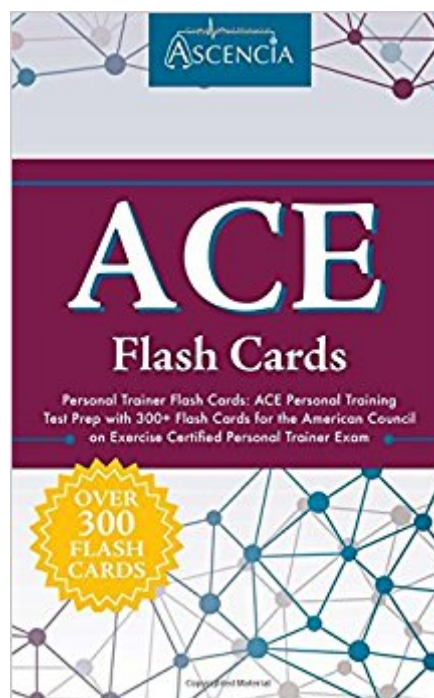


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# ACE Personal Trainer Flash Cards: ACE Personal Training Test Prep With 300+ Flash Cards For The American Council On Exercise Certified Personal Trainer Exam



## Synopsis

Ascencia Test Prep's ACE Personal Trainer Practice Tests: ACE Exam Prep with over 400 Practice Test Questions for the American Council on Exercise CPT Exam is a flash card book offering test-takers a full review of the subject matter covered on the ACE Personal Trainer exam. Ascencia's ACE Personal Trainer flash cards cover: EXERCISE SCIENCE • NUTRITION • ASSESSMENT • EXERCISE TECHNIQUE • PROGRAM DESIGN • CLIENT RELATIONS AND COACHING • SAFETY AND RISK MANAGEMENT • PROFESSIONAL DEVELOPMENT AND RESPONSIBILITY • About Ascencia Test Prep With healthcare fields such as nursing, pharmacy, emergency care, and physical therapy becoming the fastest and largest growing industries in the United States, individuals looking to enter the healthcare industry or rise in their field need high quality, reliable resources. Ascencia Test Prep's study guides and test preparation materials are developed by credentialed, industry professionals with years of experience in their respective fields. Every Ascencia book includes a comprehensive overview of the content knowledge that will be tested, along with practice questions for each section to enhance understanding. Full practice tests at the end of every book accurately reflect the exam, helping test takers determine if they are thoroughly prepared. Additionally, all Ascencia study materials offer exclusive tips from healthcare professionals to help readers thrive in their field beyond test day. Ascencia recognizes that healthcare professionals nurture bodies and spirits, and save lives. Ascencia Test Prep's mission is to help healthcare workers grow.

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